

RAN-2503000504060117

B.Sc. (NCF-NEP) (Sem. IV) Examination April - 2026
Skill Enhancement Course-IV (SEC-IV)
Advanced Communication Skills in English-IV

Time: 1 Hour]
[Total Marks: 25

સૂચના : / Instructions (1) ઉપરોક્ત દર્શાવેલ વિગતો ઉત્તરવહી પર અવશ્ય લખવી. Fill up strictly the above details on your answer book. (2) All questions are compulsory. (3) Indicate clearly the options you attempt. (4) Figures to the right indicate full marks.	Seat No.: <table border="1"> <tr> <td> </td> <td> </td> <td> </td> <td> </td> <td> </td> <td> </td> </tr> </table> Student's Signature						

Q. 1 Read the passage given below and answer the questions that follow. (10)

'Flow' is an overwhelming and joyous experience while working it is a sensation we experience when we act with total involvement. During flow, action follows action according to an internal logic; there seems to be no need of conscious intervention on the part of the worker. There is no hurry and there are no distracting demands on one's attention. The distinction between self and the activity disappears.

All of us working on SLV were experiencing flow. Although we were working very hard, we were very relaxed, energetic and fresh. How did it happen? Who had created this flow? Perhaps it was the fact that the difficult targets we had set actually seemed achievable. When the SLV-3 hardware started emerging, our ability to concentrate increased markedly. I felt a tremendous surge of confidence-I was in complete control over myself and over the SLV-3 project.

The first requirement to get into flow is to work as hard as you can at something that presents a challenge. It may not be an overwhelming challenge, but one that stretches you a little; something that makes you realize that you are performing a task better today than you did yesterday, or the last time you tried to do it. Another pre-requisite for being in flow is the availability of a significant span of uninterrupted time. In my experience it is difficult to switch into the flow state in less than half an hour. And it is almost impossible if you are disturbed constantly.

I have experienced this state many times, almost every day of the SLV-3 mission. There have been days in the laboratory when I have looked up to find the laboratory empty and realized that it was way past my work hours. On other days, my team members and I have been so caught up in our work that the lunch hour slipped by without our even being conscious that we were hungry.

Questions:

1. How does the author define 'flow'?
2. Which work project was the author involved in as mentioned here?

3. List the two requirements to get into the flow of a work as mentioned by the author.
4. What makes it almost impossible to switch into the flow state?
5. Which distinction disappears when one is experiencing flow in the work?
6. Change the voice: "I felt a tremendous surge of confidence."
7. State the antonyms of the following words :
 - a. joyous
 - b. difficult
8. Add appropriate suffixes to the following words :
 - a. concentrate
 - b. conscious

Q. 2 A) (i) Prepare a presentation of seven slides with script on *The Rise of Electric Vehicles*. **(08)**

OR

(ii) Draft a group discussion on the topic: *Work-life balance: Myth or reality?*

Q. 2 B) (i) Write a Newspaper report on a road accident in which a bus caught fire and thirty people were killed in it. **(07)**

OR

(ii) You wish to apply for an MBA programme run by Delhi University. Prepare a Statement of Purpose, describing your choice of university and course and your future goals.
